

# Physical Education: Intent, Implementation and Impact

## Intent:

At Hawthorn Primary School, Physical Education is an integral part of our curriculum that is inclusive and engages all pupils. Children develop the knowledge, skills and competence to excel in a broad range of sports and physical activities. We aim to deliver high-quality teaching and learning opportunities that enables all children to achieve their personal best. Children participate in competitive sport via Spark Active, WBA Foundation and local sporting school events. We also provide opportunities for children to learn to ride a bike through Bikeability. We aim for all children to be physically active for sustained periods of time and be able to make informed decisions to lead healthy and active lives. Additionally, swimming is an important life skill; we aspire for all children to leave primary school being able to swim at least 25 metres.

## Implementation:

- Children participate in high-quality PE lessons twice a week covering two different sports/skills per term.
- Teachers use the teaching scheme P.E Scholar, to ensure lessons across years show progression.
- Classes (KS1 and KS2) follow the yearly P.E overview to ensure pupils participate in a variety of sports and skills coverage.
- Children participate in a variety of competitive sports.
- Children attend swimming lessons in Year 6.
- After school sports clubs are offered to EYFS, KS1 and KS2 pupils through our Sports Coach, Mr McKenzie.

- 'Forest Schools' led by our Forest School Teacher Mrs Carol Haines enables children in EYFS, KS1 and KS2 to engage in a wide range of outdoor physical activities weekly. Children are also taught basic first aid as part of our Forest Schools Curriculum.
- Annually, the school celebrates 'Healthy Living Week' to educate and promote a healthy lifestyle and physical activity. Children engage in different activities and sports, and the week culminates with our whole-school Sports Day.
- We used our Sport Premium money for additional equipment for break time/lunch time equipment including: the outdoor gym, football goals, footballs, basketballs and basketball hoops, multi-skill equipment and tennis balls to name but a few were purchased to support sporting engagement and to improve behaviour.
- Our PE apprentice, Mr McKenzie from Sports Plus, has been employed to raise the profile of PE in school through P.E lessons and clubs.

### **Impact:**

At Hawthorn Primary School, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. All children are provided with the skills and given opportunities to demonstrate improvement to achieve their personal best. Our pupils are physically active and this has positive implications on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of exercise. We hope children enjoy PE and develop a love of sport, and physical activity, that they pursue outside of school and in future life outside of primary school. All pupils understand the values and importance of fair play and being a good sportsperson. During January 2023, Hawthorn Primary School achieved completion of the Health for Life scheme sponsored by Mondelez. With their sponsorship, new play equipment and resources will be purchased to ensure healthy and active lifestyles are continued at Hawthorn Primary School.