





## Ages 3-7 Curriculum Map

Year	Focus	Scheme of Work Concepts/Physical Domain			Physical Literacy
 EY FS	Discovering Movement	Galactic Explorers (On-going Story)	Super Hero School (On-going Story)	We're going to the Zoo I (Individual)	Exploring Potential 
		Preparation for PE	Friendship	Movement Patterns	
		Locomotor Movements, Object Control, Balance & Stability			
 Yr 1	Exploring Movement	A Pirates Life for Me (On-going Story)	The Enchanted Forest (On-going Story)	We're going to the Zoo II (Individual)	
		Personal, Social & Emotional Development	Self-Esteem	Movement Patterns	
		Expressive Movements, Fundamental Movements & Application of Movements in Practice			
 Yr 2	Practicing Movement	The Good Knight (On-going Story)	Dino Island (On-going Story)	We're going to the Zoo III (Individual)	
		Sporting Values	Exploring Fitness	Movement Patterns	
		Expressive Movements, Fundamental Movements & Application of Movements in Practice			

## Key Stage 2 (ages 7-11)\* Curriculum Map For September 2023 – July 2024

Age	Focus	Scheme of Work Concepts/Physical Domain					
<div style="display: flex; flex-direction: column; align-items: center;"> <div style="border: 1px solid teal; border-radius: 50%; padding: 5px; margin-bottom: 10px;">Age 7-8</div> <div style="border: 1px solid teal; border-radius: 50%; padding: 5px;">Age 8-9</div> </div>	<div style="border: 1px solid teal; border-radius: 20px; padding: 10px; width: 150px; margin: auto;">Healthy Achievers &amp; Confident Creators</div>	Gymnastics & Dance	Invasion Games	Striking & Fielding	OAA	Movement Skills & Athletics	Net & Wall
		Creativity in PE	Fun Competition I	Intrapersonal Skills	Exercise & My Body	Health & Well-Being	Resilience
<div style="display: flex; flex-direction: column; align-items: center;"> <div style="border: 1px solid teal; border-radius: 50%; padding: 5px; margin-bottom: 10px;">Age 9-10</div> <div style="border: 1px solid teal; border-radius: 50%; padding: 5px;">Age 10-11</div> </div>	<div style="border: 1px solid teal; border-radius: 20px; padding: 10px; width: 150px; margin: auto;">Mindful Communicators &amp; Motivated Movers</div>	Gymnastics & Dance	Invasion Games	Striking & Fielding	OAA	Movement Skills & Athletics	Net & Wall
		Growth Mindset	Sporting Values	Leadership	Communication	Motivation	Our Movement Journey

\*We know how challenging it is to introduce a new curriculum so we have built this with the same units for year 3&4 + year 5&6 with suggested progressions within the tasks. You will then receive additional units for your second year of delivery which can be seen on the fuller curriculum map on the next page

■ Scheme of Work Theme     
 ■ Scheme of Work Overall Concept

Please Note: schools in England, as per the National Curriculum, all schools must provide swimming instruction either in key stage 1 or key stage 2. Consequently please add that into your programme as appropriate

