



## **PSHE: Intent, Implementation and Impact**

### **Intent**

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. As a result of this they will become healthy, independent and responsible members of a society who understand how they are developing personally and socially, and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

The National Curriculum states that 'all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'. We also adhere to the expectations for Primary Relationships Education which stipulates in the 'Relationships Education, Relationships and Sex Education (RSE) and Health Education' document which is included within the Jigsaw curriculum ensuring 'Families and people who care for me, Caring relationships, Respectful relationships, Online relationships and Being Safe' are paramount within our children's learning experiences.

### **Our Hawthorn Primary PSHE Curriculum**

The National Curriculum is delivered through the use of the '**Jigsaw**' published scheme of work as well as resources from the National PSHE Association. Coverage will be ensured by implementing the Schedule of teaching 2023 alongside regular book monitoring and observation.

As part of our Hawthorn Curriculum we aim to create safe and inspiring places to learn, where children are respected, their talents are nurtured and they are able to thrive. Our Rights Respecting Schools Gold Award embeds these values in daily school life and gives children the best chance to lead happy, healthy lives and to be responsible, active citizens. We are continuing to embed these rights and are proud to hold the Gold Rights Respecting Award.

## Implementation

### Jigsaw

Jigsaw offers a comprehensive Programme for Primary PSHE including statutory Relationships and Health Education, in a spiral, progressive and fully planned scheme of work, giving children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.

With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, using Jigsaw we deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus.

We follow a whole school plan for Jigsaw, detailed below. This overview is further broken down into age bands following the Jigsaw planning framework.

<b>Being in My World Autumn 1</b>	<b>Celebrating Difference Autumn 2</b>	<b>Dreams and Goals Spring 1</b>	<b>Healthy Me Spring 2</b>	<b>Relationships Summer 1</b>	<b>Changing Me Summer 2</b>
Pupils are taught to take responsibility for their own behaviour and understand how this impacts others. This progresses to how the choices a person makes impacts in class, community and globally. Pupils explore the importance of learning to listen to others as well as being listened to. Rules, rights and responsibilities are explored. Pupils compare self-identity with how they think others perceive them.	By exploring what makes each person special and comparing similarities and differences between characters, pupils learn to celebrate difference. How to make friends, standing up for yourself and hurtful words are studied to help pupils understand the many forms of bullying that exist. Pupils learn how to give compliments, problem solve and show empathy. Stereotypes are explored too in relation to gender, race and disability. Family conflicts are also explored.	Pupils consider different learning styles and how success criteria can help us achieve our personal learning goals including how to overcome obstacles. The emotions that are felt in success and disappointment are explored. Pupils are taught how we can all make a positive difference in the world. How achievements are recognised, jobs, simple budgeting and supporting others (charity) are also taught in this area.	Healthier food choices, food labels, relationships with food and healthy eating and nutrition (including snacks and sharing food) are explored in this area. Pupils learn about rising to fitness challenges and why exercising is so important. The importance of getting enough sleep, emotional and mental health support and strategies for managing stress are also covered. Pupils learn different aspects about keeping safe, e.g. both on and offline, attitudes towards drugs, how substances affect the body, smoking (including vaping) and the link between alcohol and anti-social behaviour. Pupils also learn about exploitation, county lines and gang culture.	Pupils learn about family life and friendships (including falling out, how to be a good friend and celebrating special relationships). Physical contact preferences and boundaries are explored too. Pupils learn about the people who help us in our everyday lives. A range of emotions are explored - jealousy, love and loss and feelings around memories of loved ones. Topics such as boyfriends and girlfriends, building self-esteem and appreciating animals and people are also explored in this area. Issues such as online gambling and gaming, grooming and support to reduce screen time are also covered.	In this final half term, the focus is on our bodies, how they change and how to cope with it, growing from a baby to an adult and animal and human life cycles. The needs of baby and how they grow are also studied. Puberty and the differences between male and female bodies using the correct terminology is taught. Subjects such as conception (including IVF), and sexting are also studied.

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Being Me Hello Yellow Mental Health Awareness Day Black History Month	Celebrating Difference NSPCC Speak Out, Stay Safe.	Internet safety Week Mental Health Awareness Week Dreams and Goals	Healthy Me First Aid NSPCC internet safety RSHE Parent Meeting – DP to introduce/discuss Summer Puzzles	Relationships Sun safety session Parent Jigsaw workshop	Transition Changing Me
1	Being Me Hello Yellow Mental Health Awareness Day Black History Month	Celebrating Difference NSPCC Speak Out, Stay Safe. Connection Counts-Kindness Day	Internet safety Week Mental Health Awareness Week Dreams and Goals	Healthy Me First Aid NSPCC internet safety RSHE Parent Meeting – DP to introduce/discuss Summer Puzzles.	Relationships Sun safety session Parent Jigsaw workshop	Transition Changing Me
2	Being Me Hello Yellow Mental Health Awareness Day Black History Month	Celebrating Difference NSPCC Speak Out, Stay Safe. Connection Counts-Kindness Day	Internet safety Week Mental Health Awareness Week Dreams and Goals	Healthy Me First Aid NSPCC internet safety RSHE Parent Meeting – DP to introduce/discuss Summer Puzzles.	Relationships Sun safety session Parent Jigsaw workshop	Transition Changing Me
3	Being Me Hello Yellow Mental Health Awareness Day Black History Month	Celebrating Difference NSPCC Speak Out, Stay Safe.	Internet safety Week Mental Health Awareness Week Dreams and Goals	Healthy Me First Aid NSPCC internet safety RSHE Parent Meeting – DP to introduce/discuss Summer Puzzles.	Relationships Sun safety session Parent Jigsaw workshop	Transition Changing Me
4	Being Me Hello Yellow Mental Health Awareness Day Black History Month	Celebrating Difference NSPCC Speak Out, Stay Safe.	Internet safety Week Mental Health Awareness Week Dreams and Goals	Healthy Me First Aid NSPCC internet safety RSHE Parent Meeting – DP to introduce/discuss Summer Puzzles.	Relationships Sun safety session Parent Jigsaw workshop	Transition Changing Me
5	Being Me Hello Yellow Mental Health Awareness Day Black History Month	Celebrating Difference NSPCC Speak Out, Stay Safe. Knife and gun crime. Drugs and gangs	Internet safety Week Mental Health Awareness Week Dreams and Goals	Healthy Me Drug and Alcohol Education-Urban devotion First Aid NSPCC internet safety RSHE Parent Meeting – DP to introduce/discuss Summer Puzzles.	Relationships Sun safety session Parent Jigsaw workshop	Transition Changing Me Knife crime workshop Peer on peer abuse
6	Being Me Hello Yellow Mental Health Awareness Day Black History Month	Celebrating Difference NSPCC Speak Out, Stay Safe. Knife and gun crime. Drugs and gangs.	Internet safety Week Mental Health Awareness Week Dreams and Goals	Healthy Me Drug and Alcohol Education-Urban devotion First Aid NSPCC internet safety RSHE Parent Meeting – DP to introduce/discuss Summer Puzzles.	Relationships Sun safety session Parent Jigsaw workshop	Transition Changing Me Knife crime workshop Peer on peer abuse

\*linked to Primary Health Education expectations for Mental wellbeing, Internet safety and harms, Physical health and fitness, Healthy eating, Drugs, alcohol and tobacco, Health and prevention, Basic first aid and Changing adult body (puberty).

## Assembly Themes

Week Beginning	Jigsaw Theme: Being Me in My World	Special Event Days or Themes this Week	Global Goals/ RRS Link
6 <sup>th</sup> September	Welcome Back: Hopes & fears for the year ahead	New beginnings	Article 12: respect the views of the child
11 <sup>th</sup>	Jigsaw Introductory Assembly: Being Me/Rights of the Child (RR)		Article 13: freedom of expression
18 <sup>th</sup>	Being a school citizen: making our school community a better place		Article 28: the right to an education
25 <sup>th</sup>	Being a school citizen: the right to learn, being a citizen of my class		
28 <sup>th</sup>	Democracy: having a voice benefits the school community Black History Month ((1 <sup>st</sup> -31 <sup>st</sup> Oct)	24 <sup>th</sup> /25 <sup>th</sup> Yom Kippur	
2 <sup>nd</sup> October (Tues 10 <sup>th</sup> )	Hello Yellow Day (mental health /wellbeing activities in school) – evidence PSHE files	10 <sup>th</sup> World Mental Health Day	
9 <sup>th</sup>	Caring about feelings: looking after others		
16 <sup>th</sup>	Caring about feelings: rewards & consequences		
Week Beginning	Jigsaw Theme: Celebrating Differences	Special Event Days or Themes this Week	Global Goals/ RRS Link
6 <sup>th</sup> November	Jigsaw Introductory Assembly: celebrating differences		Global Goal Number 5: Gender Equality
Sunday 12 <sup>th</sup> November Mon 13 <sup>th</sup> November	Remembrance Day	(11 <sup>th</sup> ) Remembrance Day 13 <sup>th</sup> Children in Need	Global Goal Number 10: Reduced Inequalities
13 <sup>th</sup> November	Anti-Bullying Week: United against bullying Kindness Week (13 <sup>th</sup> – 17 <sup>th</sup> )	Anti-Bullying Week: United against bullying 12 <sup>th</sup> Diwali Mon 20 <sup>th</sup> Nov Universal Children's Day	Article 14: freedom of thought, belief & religion  Article 23: "A child with a disability has the right to live a full & decent life with dignity..."
20 <sup>th</sup>	Disability	Road Safety week 19 <sup>th</sup> – 25 <sup>th</sup> November * Jigsaw lesson link	Article 29: the goals of education "...respect for their parents, their own & others' cultures..."
27 <sup>th</sup>	Race/ Culture	Thurs 30 <sup>th</sup> St. Andrew's Day Advent 26/12 – RR assembly	Article 30: the right to learn & use the language, customs & religion of their family
3 <sup>rd</sup> December	Different families	Advent Christmas Events	
18 <sup>th</sup>	Religious activities	Christmas Events	Universal Children's Day

## **Resources**

Planning will be supported by the use of Jigsaw, National Association for PSHE resources and various other resources deemed to be appropriate for use in the lesson.

## **Assessment**

We start from where the learners are and assess progress. This may take many forms- e.g. draw and write activities, quizzes, mind-maps, continuums, responding to an image, explain to an alien activity. Assessment for learning is incorporated into all lessons and towards the end of an area, summative assessment is used to measure where they have got to. Reflection is a key part of this process in which pupils are asked to think about 'how do we know what has been learned?' And 'what needs to be learnt next?'

## **Monitoring**

PSHE will be monitored via 'Book Looks', feedback, learning walks and pupil voice.

## **Staff Development**

INSET delivered by PSHE lead.

Jigsaw online resources accessible to all staff.

PSHE monitoring identified areas for development for PSHE Portfolios-areas of development shared with staff shared July/September 2023.

## **Impact**

-Each half term, the new school Jigsaw Puzzle is introduced with an assembly, themes are shared during subsequent assemblies and staff have been following the Jigsaw scheme of work giving a more consistent and progressive approach across the school.

-PSHE Portfolios show the learning from Jigsaw and evidence of special events celebrated in school eg 'Hello Yellow Day' (10.10.23)

-PSHE RSE consultations/meetings held with parents in all year groups during Spring 2 in preparation for Relationships/Changing Me puzzles taught in Summer Term.

-RSE schemes of work shared on school website with Jigsaw permission to support parent conversations with pupils at home.

-Letters regarding the teaching of RSE inviting parents to have further discussions about these lessons sent out March 23.

-Monitoring of PSHE Portfolios demonstrates a wide range of PSHE work completed to a high standard in school.

### Next steps:

- PSHE Leader to deliver PSHE and RSE INSET to staff.
- School to become a member of the PSHE Association to support staff with resources and further guidance.
- PSHE Leader to continue to liaise with Science Leader re National Curriculum Science elements in PSHE.
- PSHE Leader to continue to liaise with Computing Leader re online safety elements in PSHE.
- PSHE Leader to ensure all staff have a copy/aware of copy on Staff Room display board of 'Relationships Education, Relationships and Sex Education and Health Education' DFE document and refer to it when planning PSHE lessons.
- PSHE Leader will ensure staff have access to the 'Roadmap to statutory RSE' when planning.
- PSHE Network meetings will be attended by the PSHE Leader.
- There will be a clear progression in the teaching of PSHE and RSE which includes following the in-depth plans created by the Jigsaw programme to ensure it is tailored to the needs of our pupils.
- Assessment- PSHE Leader will provide staff with a handy bank of assessment statements, progressive vocabulary for class Jigsaw/PSHE display boards and links to British Values to support pupils/staff.
- PSHE Leader to contact PSHE link Governor to discuss PSHE/ RSE action plan.